

Occupational Safety and Health (OSH)

Sample Course 1: Basics of OSH

The course focusses on the basics of OSH. It aims to establish a general understanding of OSH by introducing the different components leading to a holistic OSH approach within an organization. The course enables the participants to analyze key areas of action at the development of working and health conditions. Furthermore, the participants are able to identify approaches in order to improve safety, health and well-being of the employees. The course is conceptualized as action-oriented format with active involvement of the participants and the application of best practice examples. It is to be regarded as introduction into OSH; immersions of special subjects are based on this course.

Content, elements, format and duration can be customised to the respective needs.

Learning outcomes

On completion of the training, participants can

- understand the different components of OSH with an organization and their linkages
- analyze potential fields of action at the development of safe and healthy working conditions
- develop strategic concepts to improve safety, health and well-being of the employees

Contents

- Matter of OSH
- Working systems
- Hazards and risks
- Internal and external organization of OSH
- Concepts of health promotion at work

Formats

- Face-to-Face
- Virtual formats
- Blended Learning

Language

- English
- German
- Upon request: other languages with interpreters

Target groups

- Teachers of TVET School
 - Instructors of companies
 - Persons in charge of OSH
- from all occupational fields and business sectors

Duration

- 40 hrs in 1 week (recommended)

Participation requirements

- At least one year of professional experience and attended the introductory course

For all virtual formats:

- Basic ICT / computer skills
- Notebook / PC incl. standard office tools
- Stable internet connection
- Integrated or external microphone
- Speakers
- Webcam
- Optional: Headset (recommended); smartphone; tablet

If necessary, a 10 hrs initial training on ICT and e-learning can be provided.

Certificate

The participants will receive a certificate of participation after successful completion of the course.

Your contact

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