giz | Akademie für Internationale Zusammenarbeit (AIZ)

PROGRAMME 2026

Well prepared and accompanied on the foreign assignment

60 YEARS skills 4 abroad

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Skills4Abroad: Your partner for international assignments

For over 60 years, experts and managers in German international cooperation have been preparing for assignments in over 130 partner countries at the Academy for International Cooperation (AIZ) and GIZ's predecessor organisations.

In 2026, the Academy's Skills4Abroad programme, commissioned by the German Federal Ministry for Economic Cooperation and Development (BMZ), will continue to offer a wide range of practice-oriented and high-quality learning opportunities to ensure that working and living abroad is a success – whether for a longer stay or as part of regular business trips.

Skills4Abroad:
for specialists and managers in German international cooperation and their partners travelling abroad

DISCOVER OUR WIDE RANGE OF TRAINING PROGRAMMES

Skills4Abroad prepares you intensively and holistically for your assignment abroad, always with an eye on the special features that working abroad entails - from cultural circumstances, conflict risks and dealing with disinformation to family life. With Skills4Abroad, you can develop multiple competencies:

- professional skills such as project management and organisational development in international cooperation;
- personal skills like resilience and self-reflection;
- interpersonal skills such as ability to cooperate and context-aware communication;
- system and social competences including country-specific contextual knowledge and diversity sensitivity.

ALWAYS IN THE PULSE OF THE TIMES

We are familiar with current development policy trends, the training needs of specialists and managers and the requirements of sending organisations. On this basis, we have once again compiled an attractive training programme for 2026.

60 YEARS
SUPPORT PREPARE CONNECT

from approximately **40** sending organizations

since over **60** years

yearly **1,500** participants

Optimally prepared and supported during your international assignment – Skills4Abroad makes it possible!

We are further expanding Skills4Abroad's digital training formats and self-study programmes. This will enable you to acquire new knowledge on the topics that are important to you even more independently of time and place in the future.

BOOKING

Book your training courses online via the platform

learning giz

QUESTIONS?

We will be happy to advise you on which training courses best suit your needs.

Email:
skills4abroad@giz.de

FURTHER INFORMATION

The Skills4Abroad website provides a lot more information, from eligibility criteria and registration deadlines to certificates.

Who is this programme open to?

FREE PARTICIPATION FOR DEPARTING STAFF

Specialists or managers in German international cooperation who will be working in a partner country of German international cooperation for at least one year or who have already departed:

- The entire Skills4Abroad training programme is available to you.

Accompanying partners who are spending at least one year abroad:

- They can take part in all training courses, with the exception of the training courses on "Management and Counselling" and in the area of "Communication".

Accompanying children: For young people aged 14 and over, participation in training will be considered on a case-by-case basis.

Learning when it suits you: Make use of Skills4Abroad from 6 months before departure until 24 months after departure.

Good to know

- Free participation financed by the Federal Ministry for Economic Cooperation and Development (BMZ)
- Participation up to 6 months before departure and up to 24 months after departure
- Registration up to 28 days before the start of training
- Bookings after this deadline are only possible in exceptional cases
- Up to 30 learning days free of charge, further training courses are subject to a fee

Up to 30 free learning days

FEE-BASED PARTICIPATION FOR NON-DEPARTING STAFF

Interested persons who are not eligible to attend courses free of charge or who have already used up their quota of 30 learning days can participate in many of our trainings on a self-funded basis – provided there are sufficient places available 28 days before the start of the training.

Good to know

- This overview shows which training courses can be booked on a self-funded basis.
  learning giz
- Once you have registered, you will initially be placed on a waiting list. We can only give you a binding confirmation of your participation 28 calendar days ahead of the start of the course
- Please note: Accommodation and catering costs at Campus Kottenforst are not included in the participation fees.

Learn in the way that suits you best: In-person, online or self-paced

Learn in-person at Campus Kottenforst or digitally on the Online Campus, accompanied by experienced international trainers and coaches.

Campus Kottenforst | Akademie für internationale Zusammenarbeit

Good to know

- The "Intensive – safety & security" training takes place at the Schloss Gimborn Information and Education Centre in Marienheide, around 60 kilometres north-east of Bonn.

IN-PERSON TRAINING

You usually learn in small groups and benefit from personal dialogue with the trainers and other participants, even beyond of training times.

The Campus Kottenforst | Akademie für internationale Zusammenarbeit offers ideal conditions to prepare well for the new task abroad. It was designed according to didactic principles and is located directly next to a nature reserve.

Your advantages of in-person training:

- Focused learning in a relaxed atmosphere – away from the hustle and bustle of everyday life
- Use of the diverse learning impulses and media at Campus Kottenforst
- Opportunities to work together and network across organisations
- Short distances thanks to accommodation and catering on the Campus

The Campus Kottenforst: an ideal learning environment in Bonn's green lung

Accommodation and catering

German international cooperation experts and managers eligible for BMZ-funded participation as well as their accompanying partners receive free accommodation and meals during their in-person training at Campus Kottenforst.

Accommodation and meals are also free of charge if

- there is a weekend or public holidays between in-person training sessions,
- travelling to and from a maximum of three days of digital training embedded between two in-person training courses is not reasonable,
- if travelling on the first day of training is not reasonable.

Any financing of an overnight stay by Skills4Abroad is subject to the provisions of the Federal Travel Expenses Act (BRKG). Alternatively, you are free to book accommodation and meals at your own expense or charge them to a project.

DIGITAL TRAINING

The time before moving abroad is often busy and there is usually a lot to do. Digital training courses on the Online Campus are a good option, as they offer greater flexibility.

You can easily complete one of the many digital training courses after your departure and share and reflect on your experiences on site with examples from your specific project or country context.

My Trainings | Online Campus

Good to know

- From March 2026, the Online Campus will be integrated into the atingi learning platform of German development cooperation. There you will find over 550 additional and free self-study programmes as well as new opportunities for peer-to-peer exchange and networking. Why don't you take a look?

atingi

SELF-GUIDED LEARNING

We offer you several options for your individual learning paths:

- **Learning4Development:** two-day guided learning digitally or at Campus Kottenforst with individual focus areas
- **Time2Learn:** flexible, self-directed learning days for concentrated, independent working at Campus Kottenforst on a topic of your choice. Whether to prepare for a training, for in-depth study or reflection - you set your own pace and make use of the variety of resources available. You are entitled to up to three self-study days.
- **Media and Information Centre (MIA):** a learning environment with services and media, including on development policy, partner countries and regions of international cooperation, diversity, security as well as world and national languages. MIA and library catalogue MIA and library catalogue.
- **Online Campus:** The Skills4Abroad Online Campus offers a selection of self-study modules on topics such as diversity, disinformation and communication - from short 25-minute impulses to three-hour learning units on country knowledge.

Whether supported by experts or on your own: Skills4Abroad's self-learning options have a high practical benefit!

Cancellation rules

You cannot take part in the booked training, be it due to illness, work commitments or personal reasons? Please cancel as early as possible or find a replacement.

The following fees will be charged in the case of cancellation or non-attendance:

- up to 20 calendar days before the start of training: Cancellation free of charge
- from 19 up to 10 calendar days before the start of training: 250.00 Euro compensation for expenses
- from 9 calendar days before the start of training: 500.00 Euro reimbursement rate

The fee regulation does not apply if you present a medical certificate in the case of illness.

If the place is filled again or a replacement person is named, no cancellation fees will be charged.

Diversity and international context

D

Schedule overview

Training	In-person	Digital	Duration	Language	Page
Complexity and diversity: acting with reflection in international contexts	✔	–	2 days	German/ English	12
Country analysis	✔	✔	3 – 4 days	German [1]	13
Privileges and inequality: acting with self-reflection in postcolonial contexts	–	✔	2 half days	German/ English	14

[1] other training languages on request

Complexity and diversity: acting with reflection in international contexts

In a world of growing complexity, the expectations placed on employees in the field of international cooperation are diverse and challenging. Whenever people from different cultural backgrounds come together, respect and mutual understanding are essential. You will learn how to reflect on your own approach to navigating complexity and diversity and how to consciously shape cooperation in a co-creative way.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner.

LEARNING GOALS

You are able to reflect on your own values, attitudes and stereotypes. You accept uncertainty and ambiguity as part of our reality and can approach your interactions in a diversity-sensitive manner.

CONTENT

In this training, you will learn:

> how unconscious bias affects the way we think, feel and act;
> to become aware of the different roles you play within the international cooperation system;
> to develop strategies to counter stereotyping and bias;
> to understand intercultural interaction as a dynamic negotiation process;
> to reflect on discrimination – including in the context of power privilege – and develop respectful behavioural approaches.

FORMAT AND DURATION

In-person training
→ 2 days
(plus 1 h podcast "Bias & Culture")

Languages
German, English

Accompanying partners
Bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7–12

Remarks
We recommend combining this training with the course „**Country analysis**".

Booking link

Country analysis

You will conduct an in-depth analysis of your country of assignment building on your existing knowledge and experience to ensure you are optimally prepared for living and working in the partner country.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner.

LEARNING GOALS

You have developed a deeper understanding of your country of assignment, gain better insight into different perspectives and can respond appropriately to different situations in the new context.

CONTENT

In this training, you will:

> get a feel for politics, society, business, culture, history and the environment in your country of assignment, as well as the framework conditions for international cooperation there;
> familiarise yourself with the key actors, institutions and social groups in the country;
> reflect on how best to respond to conflict, violence and fragility, taking into account the inclusion of marginalised groups, gender issues and the expectations placed on international experts;
> identify possible areas of tension between circumstances in the country, the requirements of your project context and your own professional and private goals;
> gain insights into effective communication and conduct in your work and life context.

In this training, you will use a variety of (interactive) methods, including dialogue, media input, practical work in small groups and self-study periods aimed at consolidating learning.

FORMAT AND DURATION

In-person training
→ 3 days

Digital training
→ 4 days (18,5 h)

Language
German, English

Accompanying partners
Bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
In-person training: 1–6
Digital training: 1–4

Remarks
We recommend combining this training with the course **"Complexity and diversity: acting reflectively in the international context"**.

Booking link In-person training
Booking link Digital training

Privileges and inequality: acting with self-reflection in postcolonial contexts

Living and working in postcolonial contexts requires a particular degree of self-reflection on the part of those working in the field of international cooperation. Understanding colonial continuities and questioning one's own privilege is an important step towards identifying and challenging power imbalances. In dialogue with others, you will develop approaches to countering racism and discrimination.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner.

LEARNING GOALS

You are able to reflect on your own values, attitudes and cultural background. Drawing on current approaches in the debate on postcolonialism, you gain insights into how your actions can be consciously shaped to counter discrimination.

CONTENT

In this training, you will:

> get background knowledge of postcolonial power structures;
> learn about approaches and instruments for reflecting on power inequalities and your own privileges;
> explore discriminatory structures and intersectional inequalities;
> familiarize yourself with tools for developing options for action based on an appreciative attitude.

The training creates a space for reflection. Through the exchange of experiences, different perspectives become visible and critical thinking is encouraged.

FORMAT AND DURATION
Digital training → 2 half days (plus 1 day self-study)

Language
German, English

Accompanying partners
Bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7–12

Remarks
We recommend participation in our basic training **"Diversity and complexity: acting reflectively in international contexts"**.

Booking link

Personal safety and (mental) health

Schedule overview

Training	In-person	Digital	Duration	Language	Page
Basic – safety & security training	✔	–	2,5 days	German/ English	16
Intensive – safety & security training	✔	–	5 days	German/ English	17
Refresher – safety & security training	–	✔	1 day	German/ English	18
Strengthen your resilience: dealing with stress and trauma	✔	–	2 days	German/ English	19
Unmasking power: understanding and acting against sexual harassment and sexism	✔	–	2 days	German/ English	20

Basic – safety & security training

In your country of assignment, you face various risks and dangers – from limited freedom of movement to exposure to violent situations. How can you avoid risks, protect yourself and others as effectively as possible, and react appropriately in dangerous situations?

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner. During your deployment abroad, you and your family will spend time in unsafe regions.

LEARNING GOALS

You are aware of the dangers and risks in your country of assignment, have developed individual behavioural strategies and know how to respond in emergencies. This contributes to greater safety and security in your professional and private life.

CONTENT

In this training, you will learn to:

> analyse dangers and risks;
> take preventive measures against possible risks;
> identify possible courses of action in violent situations such as break-ins or abductions;
> review and refine strategies for handling dangerous and crisis situations, as well as your own behaviour;
> process experiences of violence.

Through practical simulations and exercises, participants develop the skills to manage various risk situations effectively.

FORMAT AND DURATION

In-person training
→ 2 and a half days

Language
German, English

Accompanying partners
Bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7–15

Remarks
We recommend combining this training with the courses **"Strengthen your resilience: dealing with stress and trauma"** or **"Unmasking power: understanding and acting against sexual harassment and sexism"**.

Booking link

Intensive – safety & security training

Is there a heightened security risk in your country of assignment? If so, it is especially important that you are well equipped to handle extreme situations such as abductions or attacks – for your own safety and the safety of those around you.

TARGET GROUP

You are an expert or manager in the field of international cooperation, or an accompanying partner and you are departing to a region that has an exceptionally high security risk. In your partner country, there is an elevated risk of kidnapping, personal attack or coming under gunfire.

LEARNING GOALS

You can assess physical, psychological and social risks realistically and develop security and resilience strategies. Furthermore, you are able to deal with uncertainty, crisis situations and stress in an appropriate way. You are therefore well prepared to live and work in fragile contexts.

CONTENT

In this training, you will learn to:

> analyse various dangers and risks and proactively inform yourself about security regulations and current threats;
> implement preventive measures in settings such as the office, your home or hotels;
> adapt your communication to the level of risk and use radio communication;
> act as safely as possible in specific situations, such as at check-points or in situations involving demonstrations or large, threatening crowds;
> identify and implement possible courses of action in violent and crisis situations such as robberies, shootings or abductions;
> administer first aid in the event of life-threatening injuries;
> continue to function effectively in critical situations, even under stress.

During this training, you will take part in numerous simulation scenarios and exercises in which you can reflect on your behavioural patterns and practise what you have learned.

FORMAT AND DURATION
In-person training → 5 days

Language
German, English

Accompanying partners
Bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
9 –15

Remarks
The training takes place at the **Information and Education Center Gimborn Castle** in Marienheide. It is extremely demanding and not suitable for women who are pregnant or breastfeeding. This training should not be considered a substitute for a traditional first-aid course. Please make sure to check the information on the training at learning.giz.

Booking link

Refresher – safety & security training

You have already lived or worked in uncertain contexts, but your last safety & security training was some time ago. In this training, you will refresh your understanding of risks and dangers as well as your knowledge of how to avoid risky situations and how to behave in emergencies.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner. You already took part in an in-person safety and security trainings at least 5 years and no more than 10 years ago and now want to brush up on your knowledge (e.g. for a new assignment abroad).

LEARNING GOALS

Drawing on your experience, you have explored the risks and dangers in your country of assignment, revisited behavioural strategies and emergency procedures and are well prepared to keep your professional and private life as safe as possible during this new assignment.

CONTENT

In this training, you will learn to:

> analyse dangers and risks;
> take preventive measures to prepare for possible risks;
> identify possible courses of action in violent situations, such as break-ins or abductions, and adapt your behaviour at home and on the move accordingly;
> review and refine your existing strategies for handling dangerous and crisis situations, as well as your own behaviour;
> reflect on your questions on safety and security issues.

During the training, thematic focuses are defined based on the participants' needs.

FORMAT AND DURATION
Digital training → 1 day

Language
German, English

Accompanying partners
Bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7–10

Remarks
This is not an introductory course on safety and security. Please check with your seconding organisation to see if the refresher training is suitable for you and if you meet the requirements for participation.

Booking link

Strengthen your resilience: dealing with stress and trauma

Unforeseen events, crisis situations and new or difficult working or living conditions can quickly lead to stress or even trauma during an assignment in one of Germany's partner countries in international cooperation. Developing a high level of resilience is the best way to prevent stress and trauma from becoming overwhelming. This training demonstrates how to achieve this.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner.

LEARNING GOALS

You have strategies you can use in stressful situations to help you regain stability and to help you respond to crisis situations in a calm and structured manner for the benefit of yourself and others. You are therefore well equipped to deal with any potential challenges and sources of stress during your time in the country of assignment.

CONTENT

In this training, you will learn:

> about potential sources of stress during your assignment abroad;
> to deal with stress, burnout, extreme situations and trauma and their effects;
> how best to interact with people in exceptional and high-stress situations;
> to take proactive steps to prepare yourself, and get to know your personal limits and the right time to seek professional help;
> how to deal with your feelings after traumatic experiences.

In addition to specialist input and discussions, training will include role play and exercises to encourage you to reflect on your behavioural patterns and develop alternative ways of thinking and acting.

FORMAT AND DURATION
In-person training → 2 days

Language
German, English

Accompanying partners
Bookable

Fee-based Participation
Bookable (subject to availability)

Number of participants
7–10

Remarks
We recommend combining this training with the courses **"Basic – safety & security training"** or **"Unmasking power: understanding and acting against sexism and sexual harassment"**.

Booking link

Unmasking power: understanding and acting against sexual harassment and sexism

Sexism and sexual violence are widespread, even if they are not always immediately apparent. When living in one of Germany's partner countries in international cooperation, you may be faced with structures, power dynamics and privileges that allow sexism and sexual violence to thrive. This is where you are called upon to act – as someone affected by this issue or as a manager, a colleague or a project manager for vulnerable groups, but also as a private individual or an accompanying partner.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner. This training is suitable for people of all gender.

LEARNING GOALS

You become more able to recognise violations of your own or other people's boundaries and have strategies in place for maintaining personal stability in challenging situations. You are able to respond in an appropriate, structured and calm manner in acute crisis situations, can provide initial support for others in critical moments and can stand up to sexism and sexual violence to the best of your ability.

CONTENT

In this training, you will:

> develop an understanding of the types, dynamics and impact of sexual violence and sexism;
> learn how to take preventive action and how to respond in acute situations at an individual, organisational and structural level;
> learn how to identify and break the dynamics of violence and recognise your own boundaries and those of others;
> familiarise yourself with intervention methods and structures and with possible courses of action in your own role.

FORMAT AND DURATION
In-person training → 2 days

Language
German, English

Accompanying partners
Bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7–12

Remarks
We recommend combining this training with the course **"Basic – safety & security training"**.

Booking link

Language and communication

Schedule overview

Training	In-person	Digital	Duration	Language	Page
Language training	-	✓	1-4 weeks	German/ English	22
Effective facilitation in international contexts	✓	-	3 days	English	23
Effective negotiation in international contexts	✓	-	3 days	English	24

Language training

Whether you are a beginner with no previous knowledge or an advanced learner with C1 language skills – here you can take an intensive course in one of approximately 40 languages used in Germany's partner countries and regions in international cooperation. The digital training courses are tailored to your personal language level and to your work and life context.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner.

LEARNING GOALS

You have acquired, expanded or deepened your language skills at different levels in line with your personal learning goals. From learning a local language from scratch to building specialised vocabulary in a common European language – you can communicate in a culturally sensitive way in your professional and personal life, drawing on your individual skills.

CONTENT

In this training, you will:

> develop communication skills for various situations in your professional and personal life or expand your existing language skills;
> learn more about the structures and specific features of the chosen language;
> practise pronunciation and intonation;
> gain insights into diversity- and gender-specific issues, allowing you to adapt your language usage to different target groups and cultural contexts.

Your digital language training draws on a variety of methods, including role play, communication exercises, and vocabulary and pronunciation training.

FORMAT AND DURATION

Digital training

→ Flexible duration/scope: 1–4 weeks/20–40 TU (plus self-study), max. 80 TU per person; 20 TU correspond to 3.5 learning days

Language
German, English

Accompanying partners
Bookable

Fee-based participation
Not bookable

Number of participants
1 – 4

Remarks
For some languages, a longer lead time is needed for planning. The language you choose must be spoken in the country of assignment.

Buchungslink

Effective facilitation in international contexts

Facilitating meetings, workshops or events in a professional manner is key to the success of many processes in international cooperation. In this hands-on training, you will learn how to step into the role of facilitator and lead groups with confidence.

TARGET GROUP

You are an expert or manager in the field of international cooperation.

LEARNING GOALS

You can facilitate different event formats in the field of international cooperation in English. You are familiar with key facilitation techniques and can apply them according to participants' needs. You also feel confident in responding flexibly to unplanned developments during an event.

CONTENT

In this training, you will learn:

> what your tasks and roles are as a facilitator;
> what principles and techniques of facilitation you can use for what purposes;
> when to use visualisation techniques and what options are available to you for this purpose;
> how your facilitation can help groups navigate conflict situations;
> what intercultural and gender-specific issues need to be taken into account.

The training allows you to practise using different facilitation techniques. At the end of the learning process, you will receive constructive feedback.

FORMAT AND DURATION
In-person training → 3 days

Language
English

Accompanying partners
Not bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7–12

Remarks
You need to have advanced language skills with a level of at least B2 in English.

Booking link

Effective negotiation in international contexts

Negotiating with partners, commissioning parties and other actors can often be challenging in the context of international cooperation – especially when there are very different interests at stake or cultural differences in negotiation styles. In this training, you will learn how to lead negotiations strategically and achieve convincing results.

TARGET GROUP

You are an expert or manager in the field of international cooperation.

LEARNING GOALS

You can achieve your negotiation goals or reach a consensus in a professional and culturally appropriate way. You are familiar with a variety of techniques, methods and strategies and can choose the approach best suited to each negotiation scenario.

CONTENT

In this training, you will learn:

> how to assess your personal negotiation style;
> about the different phases of negotiation processes;
> what the Harvard negotiation model is and how it works;
> how to prepare and lead negotiations effectively and how to handle resistance, conflict and power imbalances with confidence;
> how to be mindful of intercultural and gender-specific issues.

In practical exercises, you will simulate negotiation situations, explore case studies and use the critical incident technique to improve your negotiating skills. This approach ensures that you receive direct feedback from the trainers.

FORMAT AND DURATION
In-person training → 3 days

Language
English

Accompanying partners
Not bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7–12

Remarks
You need to have advanced language skills with a level of at least B2 in English.

Booking link

Management and consulting

M

Schedule overview

Training	In-person	Digital	Duration	Language	Page
Fit for consulting: communicating clearly, acting competently	✔	–	5 days	German/ English	26
Using project management in international cooperation purposefully	✔	–	5 days	German/ English	27

Fit for consulting: communicating clearly, acting competently

Consulting is a key component of international cooperation; its aim is to offer partners constructive support in developing solutions. But how can this be achieved in an efficient, participatory and culturally sensitive way? In this training, you will explore how to structure consulting processes on an equal footing.

TARGET GROUP

You are an expert or manager in the field of international cooperation.

LEARNING GOALS

You have a clear understanding of the different roles you play as a consultant in the field of international cooperation. You can shape professional relationships within your team and with partners in a solution-oriented way and can tailor consulting interventions to specific intercultural contexts.

CONTENT

In this training, you will learn to:

> develop an awareness of the different roles you play and an understanding of your professional identity as a consultant;
> plan, manage and facilitate consulting processes effectively in their many forms;
> consider factors such as cultural diversity, power dynamics and social structures in consulting processes.

FORMAT AND DURATION
In-person training → 5 days

Language
German, English

Accompanying partners
Not bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7 – 9

Booking link

Using project management in international cooperation purposefully

Managing projects well is a core skill in international cooperation. You work in an intercultural environment with many stakeholder groups and have to demonstrate tangible results and use resources efficiently. This requires clear structures and processes, as well as effective project planning and scheduling. In this training, you will learn about various instruments and current trends in the field of project management.

TARGET GROUP

You are an expert or manager in the field of international cooperation.

LEARNING GOALS

You have extensive expertise in project management, with one of the focuses being on collaboration in multidisciplinary and diverse teams. You are familiar with the various approaches, processes and instruments involved in integrated project management based on international standards and are able to select and apply these to manage individual project phases on a situation-specific basis.

CONTENT

In this training, you will:

> learn about key developments in project management and explore the meaning of concepts such as 'project cycle management' and 'managing for results';
> gain an overview of principles and instruments used in project management;
> learn how to implement the individual steps of results-based monitoring;
> familiarise yourself with the connections between management and culture and with the challenges of fragility, conflict and change in project implementation.

FORMAT AND DURATION
In-person training → 5 days

Language
German, English

Accompanying partners
Not bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7–10

Booking link

Abroad as a family

Schedule overview

Training	In-present	Digital	Duration	Language	Page
Accompanying partners: space for your own perspectives	-	✔	4 days	English	29
Going abroad with children: how to make it work!	-	✔	3 days	English	30

Accompanying partners: space for your own perspectives

Your partner has accepted a role in the field of German international development cooperation. This will also bring change for you. This training focuses on your individual concerns and your personal and professional prospects during the assignment abroad.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner.

LEARNING GOALS

You are optimally prepared to travel together as a couple to the country of assignment and are familiar with the opportunities and challenges of a foreign assignment. You have set your personal and professional goals and are able to implement them successfully, not least for the sake of your own well-being.

CONTENT

In this training, you will learn to:

> optimally manage the process of arriving and living in the country of assignment as a couple;
> reflect on your own role in the context of your relationship or family;
> flesh out your personal and professional goals and realistically plan and implement them;
> make space for your own well-being in difficult situations;
> prepare for your return or for a secondment to another country in good time.

FORMAT AND DURATION

Digital training
→ 4 days

Language
English

Accompanying partners
Bookable

Fee-based participation
Bookable (subject to availability)

Number of participants
7 – 9

Remarks
We recommend combining this training with the course **"Going abroad with children: how to make it work!"**.

Booking link

Going abroad with children: how to make it work!

Spending a few years living abroad as a family is a big step, especially for children. Good planning and preparation are therefore essential. You will receive practical guidance on day-to-day planning for the entire family and learn how you and your children can realistically prepare for the future and feel settled in the partner country.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner.

LEARNING GOALS

You are well prepared to support your children in an age-appropriate way in the various phases of travelling to, arriving in and finding their feet in the country of assignment and are able to make decisions on issues such as child care or school selection in the best interest of your children. You have a comprehensive overview of the opportunities and challenges that living abroad can bring for children and young people.

CONTENT

In this training, you will learn:

> how to support your children in an age-appropriate, diversity-sensitive and anti-racist way when leaving your home country and arriving and settling in the host country;

> what is meant by the sociological category 'third culture kids' and what specific challenges and opportunities these children face;

> to recognise the signs of culture shock and homesickness in your children, to sensitise them to cultural diversity and to develop personal coping strategies;

> what the advantages and disadvantages of the different types of school in the host country are and how to gain clarity about your own decision-making criteria;

> what multilingualism means and how you can support your children with language learning.

FORMAT AND DURATION

Digital training
→ 3 days

Language
English

Accompanying partners
Bookable

Fee-based Participation
Bookable (subject to availability)

Number of participants
7 – 9

Remarks
This training is recommended before departure to the partner country and in combination with the training **"Accompanying partners: space for your own perspectives"**.

Booking link

Individual learning focus

Schedule overview

Training	In-person	Digital	Duration	Language	Page
Learning4Development: explore your own topics with guided learning	✔	✔	2 days	German/ English	32
Time2Learn: self-study days for staff going abroad	✔	-	1-3 days	Diverse	33

Learning4Development: explore your own topics with guided learning

Would you like to expand your knowledge on a specific topic that is relevant to your work in the field of international cooperation? Learning4Development provides the ideal framework for this: you learn about your chosen topic on an individual basis, with technical and methodological support from AIZ's learning facilitators.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner.

LEARNING GOALS

You have a better knowledge of your chosen topic, have developed new skills or deepened your knowledge, and have identified concrete steps for integrating the newly acquired knowledge into your work and life context.

CONTENT

In this training:

> the first step will be to clarify and refine your learning goals;
> the learning facilitator will conduct detailed research into your chosen topic and put together a media package for you;
> your learning facilitator will advise you on the choice of learning strategies in line with your personal needs;
> you will learn independently, with support from the learning facilitator;
> you will reflect on the learning process and explore options for ongoing independent learning.

FORMAT AND DURATION
In-person training → 2 days
Digital training → 2 days

Language
German, English

Accompanying partners
Bookable

Fee-based participation
Not bookable

Number of participants
1–2

Remarks
This training can be booked up to twice during the eligibility period. Please let us know your desired topic when booking so that we can prepare the content.

Booking link In-person training
Booking link Digital training

Time2Learn: self-study days for staff going abroad

If you are looking to deepen your knowledge of a specific topic independently, Campus Kottenforst in Bonn-Röttgen provides the ideal learning location. You can use this option up to three times in the 6 months before your relocation and up to 24 months thereafter.

TARGET GROUP

You are an expert or manager in the field of international cooperation or an accompanying partner.

LEARNING GOALS

You define your Learning goals yourself. You explore topics of your choice that are relevant to your relocation, work and stay in the partner country.

CONTENT

During this self-study day, you can make the most of the attractive learning environment and varied learning options offered by the Skills4Abroad programme.

The self-study day can be used, for example, to:

> prepare for a training course you have booked by familiarising yourself with the recommended reading;
> delve deeper into specific aspects of a training course immediately after you have completed it;
> leverage the time between training courses for further learning;
> take advantage of a short stay in Germany to deepen your understanding of topics that have proved to be particularly relevant to your work.

You can learn independently, or through interaction with other people who are also using this option. If needed, staff at the Media and Information Center (MIA) will provide a brief introduction to the (digital) learning environment.

FORMAT AND DURATION
In-person training → 1 day, up to 3 times

Language
Diverse

Accompanying partners
Bookable

Fee-based participation
Not bookable

Number of participants
1

Remarks
Registration for this offer is required. You have a contingent of 3 days at your disposal.

Booking link

SCHEDULING OVERVIEW 2026

ALL TRAINING COURSES at a glance in the comprehensive overview

IN-PERSON TRAINING

March
02.03 – 27.03

June-August
22.06 – 28.08

October
05.10 – 30.10

November / December
23.11 – 18.12

Our basic – safety & security training and intensive – safety & security training can be booked all year round.

DIGITAL TRAINING

March – December

giz Akademie für Internationale Zusammenarbeit (AIZ)

SCHEDULING OVERVIEW 2026

Comprehensive overview

Topic	Training	In-person	Digital	MAP[1]	KT[2]	January	February	March	April	May	June	July	August	September	October	November	December
DIVERSITY AND INTERNATIONAL CONTEXT	Complexity and diversity: acting with reflection in international contexts	✓		✓	✓						22. – 23.06.				05. – 06.10.		
	Country analysis (in-person)[3]	✓		✓	✓			04. – 06.03.			24. – 26.06.	22. – 24.07.			07. – 09.10.	25. – 27.11.	
	Country analysis (digital)[3]		✓	✓	✓				20. – 23.04.	26. – 29.05.			03. – 06.08.	31.08. – 03.09.	26. – 29.10.		
	Privileges and inequality: acting with self-reflection in postcolonial contexts		✓	✓	✓					05. – 07.05.		27. – 29.07.			26. – 28.10.		
PERSONAL SAFETY AND (MENTAL) HEALTH	Basic – safety & security training	✓		✓	✓	26. – 28.01.					29.06. – 01.07.		24. – 26.08.		12. – 14.10.		
	Intensive – safety & security training	✓		✓	✓		09. – 13.02.				29.06. – 03.07.			21. – 25.09.		16. – 20.11.	
	Refresher – safety & security training		✓	✓	✓				13.04.		25.06.			24.09.			03.12.
	Strengthen your resilience: dealing with stress and trauma	✓		✓	✓							02. – 03.07.			15. – 16.10.		
	Unmasking power: understanding and acting against sexual harassment and sexism	✓		✓	✓							30. – 31.07.					03. – 04.12..
LANGUAGE AND COMMUNICATION	Language training		✓	✓		weekly booking (duration: 1 – 4 weeks)											
	Effective facilitation in international contexts	✓			✓			18. – 20.03.				08. – 10.07.	19. – 21.08.		21. – 23.10.		09. – 11.12.
	Effective negotiation in international contexts	✓			✓			23. – 25.03.				13. – 15.07.	10. – 12.08.		26. – 28.10.		14. – 16.12.
MANAGEMENT AND CONSULTING	Fit for consulting: communicating clearly, acting competently	✓			✓							06. – 10.07.	03 – 07.08.		19. – 23.10.		
	Using project management in international cooperation purposefully	✓			✓						29.06. – 03.07.				12. – 16.10.		
ABROAD AS A FAMILY	Accompanying partners: space for your own perspectives		✓	✓	✓				14. – 17.04.				11. – 14.08.			09. – 12.11.	
	Going abroad with children: how to make it work!		✓	✓	✓				20. – 22.04.				18. – 20.08.			17. – 19.11.	
INDIVIDUAL LEARNING FOCUS[4]	Learning4Development: explore your own topics with guided learning (in-person)	✓		✓				02. – 27.03.			22.06. – 28.08.				05. – 30.10.	23.11. – 18.12.	
	Learning4Development: explore your own topics with guided learning (digital)		✓	✓				30.03. – 19.06.					17.08. – 02.10.			02.11. – 20.11.	
	Time2Learn: self-study days for staff going abroad	✓		✓				02. – 27.03.			22.06. – 28.08.				05. – 30.10.	23.11. – 18.12.	

[1] MAP (Mitausreisende Partner*innen): also for accompanying partners
[2] KT (Kostenpflichtige Teilnahme): a fee-based participation is possible if there are places available
[3] English and other training languages on request
[4] These training options can be requested flexibly within the specified periods (for in-person training: Saturdays, Sundays and public holidays are excluded).
Learning4Development, duration: 2 days (can be booked up to two times per person); Time2Learn, duration: 1 day (can be booked up to three times per person)

SCHEDULING OVERVIEW 2026

IN-PERSON TRAINING

02. – 27. MARCH

Calendar week	Training	MAP [1]	KT [2]	Date
10	Country analysis [3]	✔	✔	04.03. – 06.03.
12	Effective facilitation in international contexts		✔	18.03. – 20.03.
13	Effective negotiation in international contexts		✔	23.03. – 25.03.
10 bis 13	Learning4Development: explore your own topics with guided learning [4]	✔		02.03. – 27.03.
10 bis 13	Time2Learn: self-study days for staff going abroad [4]	✔		02.03. – 27.03.

[1] MAP (Mitausreisende Partner*innen): also for accompanying partners
[2] KT (Kostenpflichtige Teilnahme): a fee-based participation is possible if there are places available
[3] English and other training languages on request
[4] These training options can be requested flexibly within the specified periods (for in-person training: Saturdays, Sundays and public holidays are excluded).
Learning4Development, duration: 2 days (can be booked up to two times per person);
Time2Learn, duration: 1 day (can be booked up to three times per person)

- Diversity and international context
- Language and communication
- Individual learning focus

SCHEDULING OVERVIEW 2026

IN-PERSON TRAINING

22. JUNE – 28. AUGUST

Calendar week	Training	MAP [1]	KT [2]	Date
26	Complexity and diversity: acting with reflection in international contexts	✓	✓	22.06. – 23.06.
26	Country analysis [3]	✓	✓	24.06. – 26.06.
27	Using project management in international cooperation purposefully		✓	29.06. – 03.07.
27	Intensive – safety & security training	✓	✓	29.06. – 03.07.
27	Basic – safety & security training	✓	✓	29.06. – 01.07.
27	Strengthen your resilience: dealing with stress and trauma	✓	✓	02.07. – 03.07.
28	Fit for consulting: communicating clearly, acting competently		✓	06.07. – 10.07.
28	Effective facilitation in international contexts		✓	08.07. – 10.07.
29	Effective negotiation in international contexts		✓	13.07. – 15.07.
30	Country analysis [3]	✓	✓	22.07. – 24.07.
31	Unmasking power: understanding and acting against sexual harassment and sexism	✓	✓	30.07. – 31.07.
32	Fit for consulting: communicating clearly, acting competently		✓	03.08. – 07.08.
33	Effective negotiation in international contexts		✓	10.08. – 12.08.
34	Effective facilitation in international contexts		✓	19.08. – 21.08.
35	Basic – safety & security training	✓	✓	24.08. – 26.08.
26 – 35	Learning4Development: explore your own topics with guided learning [3]	✓		22.06. – 28.08.
26 – 35	Time2Learn: self-study days for staff going abroad [3]	✓		22.06. – 28.08.

[1] MAP (Mitausreisende Partner*innen): also for accompanying partners
[2] KT (Kostenpflichtige Teilnahme): a fee-based participation is possible if there are places available
[3] English and other training languages on request

- Diversity and international context
- Management and consulting
- Personal safety and (mental) health
- Language and communication
- Individual learning focus

SCHEDULING OVERVIEW 2026

IN-PERSON TRAINING

05. – 30. OCTOBER

Calendar week	Training	MAP [1]	KT [2]	Date
41	Complexity and diversity: acting with reflection in international contexts	✔	✔	05.10. – 06.10.
41	Country analysis [3]	✔	✔	07.10. – 09.10.
42	Using project management in international cooperation purposefully		✔	12.10. – 16.10.
42	Basic – safety & security training	✔	✔	12.10. – 14.10.
42	Strengthen your resilience: dealing with stress and trauma	✔	✔	15.10. – 16.10.
43	Fit for consulting: communicating clearly, acting competently		✔	19.10. – 23.10.
43	Effective facilitation in international contexts		✔	21.10. – 23.10.
44	Effective negotiation in international contexts		✔	26.10. – 28.10.
41 bis 44	Learning4Development: explore your own topics with guided learning [4]	✔		05.10. – 30.10.
41 bis 44	Time2Learn: self-study days for staff going abroad [4]	✔		05.10. – 30.10.

[1] MAP (Mitausreisende Partner*innen): also for accompanying partners
[2] KT (Kostenpflichtige Teilnahme): a fee-based participation is possible if there are places available
[3] English and other training languages on request
[4] These training options can be requested flexibly within the specified periods (for in-person training: Saturdays, Sundays and public holidays are excluded). Learning4Development, duration: 2 days (can be booked up to two times per person); Time2Learn, duration: 1 day (can be booked up to three times per person)

- Diversity and international context
- Management and consulting
- Personal safety and (mental) health
- Language and communication
- Individual learning focus

SCHEDULING OVERVIEW 2026

IN-PERSON TRAINING

23. NOVEMBER – 18. DECEMBER

Calendar week	Training	MAP [1]	KT [2]	Date
48	Country analysis [3]	✔	✔	25.11. – 27.11.
49	Unmasking power: understanding and acting against sexual harassment and sexism	✔	✔	03.12. – 04.12.
50	Effective facilitation in international contexts		✔	09.12. – 11.12.
51	Effective negotiation in international contexts		✔	14.12. – 16.12.
48 bis 51	Learning4Development: explore your own topics with guided learningn [4]	✔		23.11. – 18.12.
48 bis 51	Time2Learn: self-study days for staff going abroad [4]	✔		23.11. – 18.12.

[1] MAP (Mitausreisende Partner*innen): also for accompanying partners
[2] KT (Kostenpflichtige Teilnahme): a fee-based participation is possible if there are places available
[3] English and other training languages on request
[4] These training options can be requested flexibly within the specified periods (for in-person training: Saturdays, Sundays and public holidays are excluded). Learning4Development, duration: 2 days (can be booked up to two times per person); Time2Learn, duration: 1 day (can be booked up to three times per person)

- Diversity and international context
- Personal safety and (mental) health
- Language and communication
- Individual learning focus

SCHEDULING OVERVIEW 2026

DIGITAL TRAINING

Topic	Training	MAP[1]	KT[2]	January	February	March	April	May	June	July	August	September	October	November	December
DIVERSITY AND INTERNATIONAL CONTEXT	Country analysis[3]	✓	✓				20. – 23.04.	26. – 29.05.			03. – 06.08.	31.08. – 03.09.	26. – 29.10.		
	Privileges and inequality: acting with self-reflection in postcolonial contexts	✓	✓					05. – 07.05.		27. – 29.07.			26. – 28.10.		
PERSONAL SAFETY AND (MENTAL) HEALTH	Refresher – safety & security training	✓	✓				13.04.		25.06.			24.09.			03.12.
LANGUAGE AND COMMUNICATION	Language training	✓				weekly booking (duration: 1 – 4 weeks)									
ABROAD AS A FAMILY	Accompanying partners: space for your own perspectives	✓	✓				14. – 17.04.				11. – 14.08.			09. – 12.11.	
	Going abroad with children: how to make it work!	✓	✓				20. – 22.04.				18. – 20.08.			17. – 19.11.	
INDIVIDUAL LEARNING FOCUS	Learning4Development: explore your own topics with guided learning[4]	✓				30.03. – 19.06.					17.08. – 02.10.			02. – 20.11.	

[1] MAP (Mitausreisende Partner*innen): also for accompanying partners
[2] KT (Kostenpflichtige Teilnahme): a fee-based participation is possible if there are places available
[3] English and other training languages on request
[4] This training course lasts for two days and can be requested flexibly up to two times per person within the specified periods.

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Bonn, January 2026

On behalf of

Federal Ministry
for Economic Cooperation
and Development

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PROGRAMM 2026

Bestens vorbereitet und begleitet in den Auslandseinsatz

60 YEARS skills 4 abroad